



13<sup>th</sup> October, 2008

Term 4 Week 1

# Calare Public School

Wentworth Lane ORANGE 2800 Phone: 63623699 Fax: 6362 9702

Dear Parents and Guardians

The Term 4 foyer displays will see 6E and Mrs. Stair strutting their stuff this week. Knowing how attractive their classroom is, I am sure that the 6E foyer display will be first rate.

Well done to our Girls Hockey Team, for their efforts throughout the season just past and their performance in Lithgow in the last week of last term. The girls finished third in the state losing to the eventual winners in their semi-final. As always we have been most proud of the good spirit and sporting behaviour the girls displayed throughout the season. Well done also to their coach, Mrs. Adams.

I must also congratulate the Year Four children who attended the camp at Wambangalang during the last week of last term. They had a great time and their behaviour made for an easier job for camp staff and the teachers who accompanied them.

Our planner for this term is already jam-packed! Excursions for Years Three and Six, Jog-a-thon, School Spec., the Girls Touch Footy Final, Reports, Presentation Days and Year Six Farewell are just a few of the many, many events confronting us over the next ten weeks – I hope we have the stamina to make it to the end of term!!

Have a lovely week

Mike Willis

## Back-To-School Allowance

The \$50 Back-To-School Allowance for every child attending school in New South Wales will be paid by the Department of Education and Training and is designed to help families meet some of the costs of getting their children back to school at the start of the 2009 school year.

To enable the payments to be made, schools have been asked to provide details of family and student names and addresses. The Department proposes to forward the \$50 allowance from mid-January 2009 for students in Years 1 to 6 in 2009 and from mid-February 2009 for students in Kindergarten in 2009. The allowance will be paid to the nominated parent or custodial guardian (mother).

If you have recently changed your address or family details, please contact the school before Friday 24<sup>th</sup> October, 2008.

## ▪ P&C MEETING

7:30pm

Tuesday

21/10/2008

in Staffroom.

Everyone

Welcome.

## Handy Hint: BREAKFAST:

is really important for brains. Try to ensure your child eats a healthy breakfast ideally one with more proteins and less sugars and carbohydrates.

## - ROCKS WITH ATTITUDE -

Available next week – from 2/3H and the kids in Business Programme.

Buy a **PET ROCK** –  
Tuesday and Wednesday next week.  
Price from 20c to \$2.

**REMEMBER - Rocks RULE!**  
**DON'T MISS OUT**  
There's a Pebble Person, Sportz Quartz,  
Groovy Gravel or Rockette  
just right FOR YOU!

## ***CANTEEN NEWS:***

Welcome back for Term 4 and we hope everyone had a relaxing and enjoyable break.

With the change of weather, you will find attached to this newsletter our Term 4 Summer Menu which will also be the menu for Term 1, 2009 (Please discard old menu). There are a few favourites back - we have Nachos and the popular Fish'n Chips, Cheese Burger, Chicken Burger, Lavash Wraps and Salad Boxes are also back. Don't forget to check out the new Monday Meal Deals at the back of the menu.

Please remind your children that all frozen choices on the menu (Slush Puppies and ice creams/ice blocks etc) can be collected from the canteen on presentation of their lunch bags. This ensures there are no melted items in the lunch boxes.

**Price Rises:** There has been only one item that has incurred a price increase during Term 3, which the canteen has absorbed, and that is Slush Puppies, they will now be \$1-50. As always, the canteen prices will remain as low as possible. Catherine, Belinda & Di.

## ***SENDING PEANUT PRODUCTS TO SCHOOL***

We have some students attending Calare Public School who have a severe allergy to peanuts, peanut butter and peanut products such as nutella and some processed food bars.

We ask that you assist us in reducing the risk of exposure to these products by not sending them into school for class parties, cake days or birthdays.

If your child eats these products at school and doesn't wash their hands after eating, residue on their hands or mouth can be transferred to pens, pencils, play equipment etc. A child who suffers from anaphylaxis can then pick up the residue and suffer a severe reaction.

Whilst we understand that your child may prefer to eat these products for recess and lunch, we ask that you please think about the very dangerous effects that this could cause to an anaphylactic student and pack something else for your child.

## ***COMMUNITY INFORMATION:***

### **ORANGE AND DISTRICT YOUTH LEAGUE UNDER 11 TRIALS:**

Trials for the 2009 season will be held in October. All interested players are welcome. For further information please call David on 0429410369.

### **MENTAL HEALTH FIRST AID COURSE**

**Available for Family and Carers - Teaches first aid skills for mental health crisis situations and the early stages of mental health problems. Cost is free and the course will be run in Orange. Further details are available from the school office or by contacting Stacy on 6363 8030 or Karen on 63607850**

**ADVENTURE CAMP FOR CHILDREN OF PARENTS WITH A MENTAL ILLNESS -** Greater Western Area Health together with NSW Sport & Rec. will be holding a camp on 7<sup>th</sup>, 8<sup>th</sup> & 9<sup>th</sup> November. There is no cost for families.

Children have the opportunity to meet other children in similar situations and also talk to professional mental health staff. For more information please contact our school office or Robyn Forrester on 63607867.

