



Calare Public School

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NEWSLETTER NO. 17, WEEK 6, TERM 2, 2nd June, 2008

Dear Parents and Carers,

Thank you everyone, for your wonderful support of our Open Day. We are very proud of our school and appreciated the positive feedback we received from parents and friends. Everyone enjoyed the classroom visits. Several parents trialled the Smart Boards while others had a great time joining in the dancing. Thank you to all grades that organised the special activities. Also a huge thank you to those parents, staff and students who assisted with the "sizzling" and serving of the 700 sausages! A special congratulations to Kindergarten students, who not only impressed us with how much they have learnt in one and a half terms, but also with their dancing ability.

Congratulations to our four students who represented us so magnificently at the CWA Public Speaking Finals in Bathurst. Elise Sinclair and Abby Wilson performed credibly while Meaghan Kempson was placed 2nd in Year 6 and Harry Roth won the Year 5 section. Thank you to parents and grandparents who transported the students and gave their support.

Our Girls Soccer Team won their semi final against Bathurst Small Schools 5-0 and play Dubbo South in the final. Mr Keed and the Cross Country Team travel to Molong today for the District Cross Country. We hope the weather is favourable and that everyone has a personal best. Our Girls Hockey Team plays Dubbo South on Tuesday, our football teams are contesting the David Peachy Shield on Wednesday while the Girls Netball Team will be participating in the Divisional Day on Thursday.

This Thursday is also World Environment Day and several of our students will be planting trees in Wentworth Reserve and in the school grounds. We thank the ECCO group for their involvement and the donation of trees.

KS's work will be featured in the foyer this week. Thank you to 4/5/6D for last week's display. It generated lots of comments especially on Open Day.

Finally, thank you to Mrs. Bloodworth for standing in for me for the past two weeks. My eye surgery was a success, although I'll wear a patch for about another three weeks, until things settle down.

Have a lovely week

Mike Willis

Principal

**LIBRARY:
BOOK CLUB:**

The next issue of Book Club is being given out today. Orders will be processed on Friday 13th June.

Please have orders in by that date. So far this year we have received about \$350-00 in bonus coupons and obtained 50 free books.
Margaret Christensen, Librarian

CONGRATULATIONS:

Congratulations to the following children who have been selected for the Visual Arts Camp to be held at Wambangalang Environmental Education Centre in June: Isobel Coady-Jiear, Meg Collis, Demi Lawler, Staci Roworth.

**ADVANCE NOTICE:
BAND WORKSHOPS AT OHS :**

In March, our band students thoroughly enjoyed a workshop at Orange High School with other local primary schools. High School music students helped the primary children in the workshop and feedback from everyone was very positive, so another day is planned.

Transition and Concert Band will be involved in a workshop at Orange High on Thursday 12th June. Beginners and any string students will attend a workshop the following week on Thursday 19th June.

These will be all day workshops. A note will go home closer to the day.

MURDER UNDER THE MICROSCOPE:

Congratulations to Class 5W who successfully completed the Murder under the Microscope challenge last week! They came in 110th out of over 2000 teams from Australia, New Zealand and even China. Murder under the Microscope is an online environmental game for students in years 5 to 10. Teams solve a fictitious eco-crime where investigators must identify who dies (victim), why (villain) and where it happened (crime site). 5W named all three as the Bush Stone - curlew, Macquarie River, Dubbo and Unsustainable Land Management. A special congratulations to the students who gave up their lunchtimes each day this term to complete the challenge.

ORANGE EISTEDDFOD:

Our Performing Arts groups will be competing in the Eisteddfod on the following dates:

Dance Troupes Friday 22nd August
Musical Theatre Group Friday 22nd August
Band & Drum Corps Thursday 14th & Friday 15th August.
Choirs Wednesday 17th September.

HOLIDAY CAMPS:

QUALITY SPORTS:

Quality Sports is offering sports camps in Orange during the next school holidays. Sports on offer are Rugby Union 9-12 yrs, Soccer 8-14 yrs, Rugby League 8 to 12 years and Netball 10 to 16 years. For further information contact Beth Norris on 6362 9244 or Carl Sharpe on 6362 9234.

GIRLS (10-17YRS) GOLF COACHING CAMP

Western District Ladies Golf Association, in association with Womens Golf NSW and JNJGF, will hold a coaching clinic in Cowra in the next school holidays.

Cost is \$50 for 3 days - Golf Tuition, Rules & Etiquette, Course Play, Activities (Includes Accommodation and Meals), \$25 without accommodation. Friday 11th Girls Junior Championship. Entries Close 20th June. Contact Sharon Nott for further details and entry form. 0428859509 nottsharon@hotmail.com.

SPORT AND REC MULTI SPORTS CAMP:

For children between the ages of 9 to 14 years. The week long program will include Circus skills, Touch Football, Australian Football, Cricket, Traditional Indigenous Games, Basketball, Gymnastics, Climbing Wall, Fencing, BMX, Canoeing and Archery. These activities will be conducted by suitably qualified instructors and coaches in these areas.

The camp will be held at Borambola Sport and Recreation Centre, which is located 25kms east of Wagga Wagga.

If you are interested in this camp, please contact Sport and Rec on 02 69284300. Applications close by 4th July, 2008.

SCHOOL CALENDAR:

TERM 2,

WEEK 6

Mon. 02.06.2008 District Cross Country Molong
Thurs. 05.06.2008 Netball Divisional Day

WEEK 7

Mon. 09.06.2008 Queen's Birthday Holiday

Combating childhood obesity starts at home:

Parents and carers are important influences on children's eating and exercise habits. There are some subtle lifestyle changes that can be made immediately that will have huge benefits to children's health.

Top tips for parents:

- * Plan family activities to encourage children to stay away from the TV! Go out for a family bike ride or walk, or cook healthy meals together at home.

- * Be a role model - kids will usually follow what you do more than what you say. If they see you enjoying physical activity and having fun, it will motivate them to be more active.

- * Playing together is important. Help your child practise basic sporting and movement skills such as throwing and catching or kicking a ball.

- * Remember that while exercise burns energy, feeding them junk food or sports drinks may mean they are still taking in more than they burn.

- * And last but not least...make sure active children drink plenty of water!

Healthy Habits:

There are many ways that parents can help promote a healthy body image and healthy habits for your child at home. Here are some tips:

- * Plan to eat home-cooked meals together as a family as often as possible.

- * Discourage eating meals or snacks while watching TV.

- * Encourage family activities that include enjoyable physical activity for everyone.

- * Ensure a safe environment for children and their friends to engage in active play (e.g. swimming, cycling, ball sports).

- * Decrease the time spent in activities that involve sitting (e.g. watching TV, playing video and computer games).

- * Encourage active commuting such as walking to school or walking to the bus or train.